



California Association of Local Behavioral Health Boards and Commissions

FALL 2016 Newsletter—Revision 1

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www.calbhbc.org

CALBHBC: A STATEWIDE ORGANIZATION SUPPORTING THE WORK OF LOCAL MENTAL HEALTH & BEHAVIORAL HEALTH BOARDS AND COMMISSIONS.

"It takes as much energy to wish as it does to plan." Eleanor Roosevelt

Many items to report as we begin our 2016-2017 year!

First and foremost, we must get the word out about an important change affecting all CA Mental & Behavioral Health Boards and Commissions. This change affects the criteria for members of Mental/Behavioral Health Boards. Consumers (adults with mental illness) who work for County Mental Health (or contractors) can now be appointed to boards (WIC Code 5604.2).

WIC CHANGE:

MH CONSUMERS CAN BE On Mental or Behavioral Health Boards even if they work for County Mental Health (or a contractor).

Notable changes within CALBHBC include the approval of a Strategic Plan ([link](#)) and ongoing work toward strengthening CALBHBC as an organization.

We also note a major new California Initiative, "No Place Like Home", changes W&I Code regarding the Mental Health Services Act (MHSA), directing \$2 Billion state-wide for housing chronically homeless adults with mental illness.

On a closing note, are you working on your Board or Commission's Annual Report? Presentation of your report is a great chance to address your Board of Supervisors or governing body about mental/behavioral health needs and accomplishments. Wondering what to write? - List accomplishments as they relate to board duties (WIC Code 5604.2).

Example Annual Reports are posted on our [facebook](#) page—share your Annual Report with us!

[CALBHBC 2016 Annual Report - Link](#)



Important Dates

Quarterly Meeting:

October 20-22 - CALBHBC Meeting, Lake Natoma Inn, Folsom, CA.

Regional Meetings/Elections:

Aug. 28, 4:30pm—Los Angeles (Board Mtg)

Oct. 20-22—Central (Natoma Inn, Folsom)

April 6-8—Superior (Redding, CA)

June, 2017—Southern

TBD—Bay Area

Monthly Call ([GoToMeeting](#)) on next page.



CALBHBC's facebook page has news, updates, ideas from local boards and more! "[Like](#)" us!

2016-2017 Officers

President: [Cary Martin \(San Joaquin\)](#)
1st VP: [Leslie Wilson \(Lake\)](#)
2nd VP: [Julie Crouch \(Riverside\)](#)
Treasurer: [Beryl Nielsen \(Napa\)](#)
Secretary: [Mae Sherman \(Lassen\)](#)
Past President: [Larry Gasco \(Los Angeles\)](#)

Regional Coordinators

Central Region: [Janet O'Meara \(Placer\)](#)
Superior Region: [Leslie Wilson \(Lake\)](#)
Bay Area: [Carole Marasovic \(Berkeley\)](#)
Los Angeles Co.: [Herman DeBose \(L.A.\)](#)
Southern: [May Farr \(San Bernardino\)](#)

Committees include:

Bylaws, Communications, Ethics, Executive, Finance, Legislative, Policies & Procedures, Recognition, Training

Newsletter Editor: [Theresa Comstock](#)

CALBHBC NEWSLETTER



GoToMeeting.com Schedule:

Etiquette:

Mute yourself if you aren't speaking.
Keep the discussion on topic.
No side bar discussions.
No monopolizing the conversation.

Schedule:

1st Tuesday of each month 6:30pm-7:30 pm

P&P - Dial [+1 \(646\) 749-3122](tel:+16467493122)

Access Code: 524-601-821

1st Thursday of each month 11-12pm

Legislative - Dial [+1 \(224\) 501-3312](tel:+12245013312)

Access Code: 408-299-045

2nd Tuesday of each month 6:30pm-8:30pm

Exec. Comm - Dial [+1 \(872\) 240-3212](tel:+18722403212)

Access Code: 541-516-517

2nd Thursday of each month 6:30pm-7:30pm

Comm Chairs - Dial [+1 \(646\) 749-3122](tel:+16467493122)

Access Code: 377-138-341

3rd Thursday of each month 6:30pm-7:30pm

Communications - Dial [+1 \(312\) 757-3121](tel:+13127573121)

Access Code: 590-534-117

4th Wednesday of each month 6:30pm-7:30pm

Reg. Coord - Dial [+1 \(224\) 501-3412](tel:+12245013412)

Access Code: 506-593-005

Will meet as needed and scheduled by the chair

Bylaws Dial [+1 \(571\) 317-3122](tel:+15713173122)

Access Code: 798-769-957

Will meet as needed and scheduled by Larry Gasco

Ad Hoc Dial [+1 \(408\) 650-3123](tel:+14086503123)

Access Code: 487-893-749

CALBHBC Mission

The purpose of the Association is to assist local Behavioral/Mental Health Boards in carrying out their mandated functions; to advocate at the state level as a united voice for local concerns; to promote the betterment and furtherance of California's mental health environment; and to promote improvement of the quality, quantity and cultural competency of mental health services deliverable to the people of California. The CALBHBC:

Collaborates with the California Mental Health Services Division (MHSD), the California Mental Health Planning Council (CMHPC), the California Behavioral Health Directors Association (CMHDA), and all other concerned agencies and organizations regarding mental health issues.

Collaborates with the California Mental Health Services Division, California Mental Health Planning Council, California Behavioral Health Directors Association and the California Institute for Behavioral Health Solutions in planning and providing training for the local MHBs.

Provides information and assistance to local MHBs in carrying out their mandated functions, including ethnic concerns, children's, transitional age youth's, adults', and older adults issues.

Provides information and assistance to local MHBs and other constituencies, to discuss problems, and ethnic and demographic concerns, exchange information, and improve coordination of efforts and activities.

Advocates on behalf of the mental health consumers of the State of California and of the unserved, underserved, and inappropriately served, for culturally competent treatment and services, intervention training, education, and self-help resources, following the recovery model, and for the prevention of mental illness.

Pursues all funding sources available to the Association, including grants, individual and corporate gifts, bequests, and fund-raisers.

Encourages and facilitates local Mental Health Boards and Commissions to organize and act regionally, to hold regular regional meetings, to handle business relevant to the Region, to provide training to Member boards, and to address mental health issues in order to fulfill their mandate.

The California Association of Local Behavioral Health Boards and Commissions (CALBHBC) is a statewide organization that supports the work of local mental health boards. The Association was established in 1993 as a 501(c)(3) (Tax ID # 33-0581682) to assist local behavioral/mental health boards and commissions to carry out their mandated functions and to advocate at the state level as a unified voice for local mental health boards and commissions' concerns. The Association seeks to improve the quality and cultural competency of mental health services deliverable to the people of California.